

# PRAYER MINISTRY PREPARATION JOURNAL

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The following preparations are required prior to May 8 in the form of a list or journal. (Bring this journal with you.)

1. **Set aside daily prayer and quiet time.** Please note that “daily” means exactly that. This is **very** important!
2. **Read the following scriptures and meditate on them:**
  - (John 10:1-10) Jesus came to give life abundantly.
  - (John 14:1-30) The Holy Spirit is given to lead all truth.
  - (1 John 1:5-10) Confess your sin for Jesus forgives and cleanses.
  - (James 1:5-8) Ask God for wisdom for your freedom.
  - (James 5:13-18) Confess your sins to each other...so that you may be healed.
  - (1 John 3: 1-24) We are *commanded* to love and to forgive.
  - (Matthew 18:15-35) Choose to forgive and to be forgiven.
3. **Prepare a private list/journal of Forgiveness and Confession.**
  - Please note: It is not uncommon to have several pages for both your Forgiveness List and your Confession List.
  - Reflect back to your childhood and ask the Holy Spirit to identify those individuals who have created hurts and wounds in your life.
  - Make another list of your sins to be confessed. Remember to be specific and ask the Holy Spirit to search your heart for anything that is hindering your complete freedom from the past. (If you allow pride or fear to hold back release, you will not go completely free. This is your choice to let go of the past and to be healed. *James 5:16*)

## FORGIVENESS LIST

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**Privately create your journal:** Make a list of people you need to forgive (people who have either hurt you or who have created offenses in your life) and make a conscious choice to forgive them. Write this down.

***This may help you decide if you should include a person:*** If you could not stand up in church next to this person and freely worship, then you need to have him or her on your list.

**Note:** *By choosing to forgive, is my no means excusing the sin of others. It is simply giving those open wounds and hurts to the Lord for him to set us free.*

## CONFESSION LIST

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Include in your journal all past sin the Holy Spirit reveals to you — Thought/Word/Deed. Write it down.

**Areas to search in Prayer:** *This is for both your pre-Christian life and your Christian life.*

- a. False beliefs: False religions, unbelief, idolatry, money, people, false teachings, etc.
- b. Witchcraft/The Occult, New Age – e.g. Horoscopes/Psychics/Harry Potter/Wicca (Deuteronomy 18:10-14)
- c. Drugs/Alcohol/Food/Money/Hobbies – Sin and or bondage to.
- d. Sexual immorality—Pornography/Intimate relationships outside of marriage
- e. Abuses—Verbal/Physical/Sexual/Mental
- f. Death Music/Movies/Books—Regularly drawn or exposed to.
- g. Areas of Bondage—Repetitive sin—Trapped in now or in the past.
- h. Fears/Anxiety
- i. Traumatic Events—Abortion/Suicide/Violence/Deaths/Accidents
- j. Torment or lies—Areas I believe and know are not true, but I still struggle with:

Rejection/unwanted	God’s Forgiveness realized
Unloved	Self-hatred or disappointment
Doubt of God’s love, provision	Specific statements made by people in my past that I still hear or remember
Fears	Anger
Curses or vows made	Resentment/Hatred
Generational sins or sickness	Failures
Etc.	

*Ask the Holy Spirit for wisdom and insight along with his divine protection. Remember to bring your journal with you to the Saturday session. It will be destroyed after Prayer Ministry. Your privacy and protection are a vital part of the Ministry!*